

**Check Out Our
Convenient Smaller
Version...**

**Community
Resource
Pocket
Guide**

**Community Advisory
Forum**



**Independent Living Center
of Southern California**

*Serving Persons with Disabilities,
Seniors, and Veterans Since 1976*

818.785.6934
Email: ilcsc@ilcsc.org
Website: www.ilcsc.org

**Download from the
ILCSC Website -**

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**(Voice) 818.785.6934
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Southern California Resources



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The Community Advisory Forum (CAF) is made up of individuals with disabilities, organizations, and other community resources who are seeking change in the community which will enhance the lives of persons with all disabilities, older adults, and veterans. The CAF discusses pertinent issues that are important in making these changes and gathers information that will help meet the needs of people with disabilities, older adults, and veterans.

Since 1976, **the Independent Living Center of Southern California (ILCSC)**, a consumer-based, non-residential agency, has provided a wide range of services to people with all disabilities, older adults, and veterans. The ILCSC is dedicated to providing the services which will offer the opportunity to seek an individual course towards independence—while educating the community.

We invite you to contact us if you need further information. 818.785.6934

Hospitals/Health Care

- *Mission Community Hospital-Panorama Cty.* 818.787.2222
- *Northridge Hospital Medical Center*
818.885.8500
- *Sherman Oaks Hospital & Health Center*
818.907.4580
- *Valley Presbyterian Hospital*
818.782.6600
- *West Hills Hospital & Medical Center*
818.676.4000
- *Northeast Valley Health Corp.—SFV*
818.898-1388
- *Hi Desert Hospital—Lancaster*
661.948.8584

Food Banks

- *Lutheran Social Services—Van Nuys*
818.901.9480
- *MEND—Pacoima*
818.897.2443
- *Guadalupe Center—Canoga Park*
818.340-2050
- *SOVA Program—Van Nuys*
818.988.7682
- *Burbank Temporary Aid*
818.846.2330

RESOURCE INFORMATION

Info Line—211

Independent Living Center of Southern California www.ilcsc.org

Darrell McDaniel Service Office

Emergency Services, housing resources,
advocacy, assistive technology, and more.

14354 Haynes Street

Van Nuys, CA 91401

Voice—818.988.9525, TTY—818.988.3533

Toll Free—877.452.4227

Lancaster Service Office

Emergency Services, housing resources,
advocacy, assistive technology, and more.

1505 West Avenue J, Suite 102

Lancaster, CA 93534

Voice—661.942.9726, TTY—661.723.2509

Training House

Classes—Independent Living Skills, Voca-
tional Training, Horticulture, Computer Skills

14151 Haynes Street

Van Nuys, CA 91401

Voice—818.908.1199, TTY—818.908.9574

California Community Transitions (CCT) Project

Assisting Medi-Cal beneficiaries, residing in
a health care facility, to successfully transi-
tion to a community living arrangement.

Voice—818.785.6934, TTY—818.785.7097

Additional Independent Living Centers in Los Angeles County

- Westside Center for Independent Living (WCIL) Los Angeles - 310.390.3611
- Communities Actively Living Independent & Free (CALIF) Los Angeles - 213.627.0477
- Disability Resources Center, Inc. (DRC) Long Beach—562.427.1000
- Southern California Rehabilitation Services (SCRS) Downey— 562.862.6531
- Services Center for Independent Living (SCIL) Claremont— 909.621.6722

Community Resources

Community Advisory Committee

Participants—

- **Bernardi Multipurpose Senior Center**—Van Nuys, 818.781.1101
- **Center for Health Care Rights**—Free Medicare counseling. 800.874.0780
- **Continuity Care Home Nurses**—State-of-the-art home health agency. 818.761.CARE
- **EmpowerTech**—Empowering persons with disabilities through assistive technology. 310.338.1597
- **Family Focus Resource & Empowerment Center—CSUN:** Assisting families of children with special needs.—SFV 818.677.6854 (continued)

Emergency Numbers

911—Emergency Services Call Center
311—Non-Emergency Services & City Services Requests

- *LA County Sheriff Dept. Van Nuys* — 323.267.4800
- *Domestic Violence Services Hotline* 1.800.978.3600
- *Elder Abuse Hotline* 1.877.477.3636
- *Substance Abuse Services* 1.800.564.6600

Antelope Valley:

Hi Desert Hospital 661.948.8584

San Fernando Valley:

Northeast Valley Health Corp.
818.989.1388

Shelters and Transitional Programs

- *Women's Care Cottage* 818.753.4580
- *Haven Hills, Inc.—Crisis Center* 818.887.6589
- *San Fernando Valley Rescue Mission* 818.785.4476
- *L.A. Family Housing* 818.982.4091

>*City of Santa Clarita Transit*

Local Bus, Commuter Express, Dial A Ride

- For customer service information call—
661.294.1BUS (1287)
<http://www.santaclaritatransit.com>

>*Antelope Valley Transit Authority*

Local Bus, Commuter Service, Dial A Ride
Customer Service:

- Dial A Ride—661.945.9445, ext. 1
- Lost and Found—661.945.9445, ext. 202
- Commendations & Complaints —
661.945.9445, ext. 203
- Title VI Complaints —661.945.9445, ext.
203

Website—<http://www.avta.com>

>*Access Services, Inc.*

P.O. Box 5728
El Monte, CA 91734

*If you ARE a certified Access Services rider, within Southern California, and would like to make a reservation:

- Phone: 1.800.883.1295
- TDD: 1.800.826.7280

*If you ARE NOT a certified Access Services rider, and would like to apply, contact Customer Service at:

- Phone: 1.800.827.0829
- TDD: 1.800.827.1359
- Email: cserv@asila.org

Website—<http://www.asila.org>

- **FamilySource**—Programs to strengthen families in the community.
Van Nuys: 818.786.4098
Canoga Park: 818.887.3872
- **Institute for Community Health & Wellbeing—CSUN**, Enhancing the health & wellbeing of individuals, families, organizations, & communities. 818.677.1200
- **Liv-Ability**—Independent Living Consultants. 800.936.6251
- **New Horizons**—Empowering adults with developmental disabilities. 818.894.9301
- **Neurocommunity Foundation**—Research into improved therapies for Parkinson's, movement disorders, and multiple sclerosis. 818.885.8623
- **Personal Assistance Services Council**—L.A. Public Authority for IHSS Services
Toll free: 877.565.4477
- **Pro Care Hospice**—Improving the quality of life for individuals experiencing a life-limiting illness. 818.895.8000
- **San Fernando Valley Community Mental Health Center**—Improving mental health of individuals & families.
818.901.4830
- **San Fernando Valley Fair Housing Council**—Promoting equal opportunity through enforcement of State & Federal Fair Housing Laws. 818.373.1185

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- **State Department of Rehabilitation—**
Provides services & advocacy resulting in consumer employment, independent living, & equality.
818.901.5024- voice, 818.901.5086-TTY
- **United Cerebral Palsy (UCP)** - Support services to ensure a life without limits.
818.782.2211—SFV
- **Verdugo Job Center—**Career center for employers & job seekers. 818.409.0476
- **Volunteer Center of Los Angeles—**
Mobilizing people & resources to meet community needs. 818.908.5066
- **Assemblymember Mike Feuer**
310.285.5490—West Hollywood
- **L.A. County Supervisor Zev Yaroslavsky—Van Nuys District**
818.901.3831
- **Councilmember Dennis Zine—**
818.756.8848—Reseda

Additional Community Resources

- *Ability Advantage—*Mobility devices sales & repair) 818.838.0010
- *Neighborhood Legal Svcs. Of L.A. County* 1.800.433.6251
- *Los Angeles Valley College Disabled Students Program and Services*
818.947.2681
- *Pierce College Office on Disability*
818.347.0551

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- *American Driver's Alliance* (Nationwide Roadside Assistance for wheelchairs/ scooters/vehicles) 1.800.720.3132
(Mention the "Independent Living Center of Southern California" & receive two months free service!)
- *Disability Resources & Educational Services* 818.677.2684

Transportation Services

>*Los Angeles Metropolitan Transportation Authority*

One Gateway Plaza

Los Angeles, CA 90012-2952

Phone Contacts:

- Bus & Rail Transit Information:
323.GO.METRO (323.466.3876)
- Wheelchair Lift Hotline 1.800.621.7828
- Hearing-Impaired/Speech Impairments—
Use California Relay Service 711 + the number you need.
- Lost and Found 323.937.8920
Website—<http://www.metro.net>

>*The City of Los Angeles Department of Transportation (LADOT)*

- Dash/Commuter Express (213, 310, 323, or 818) 808-2273
- City Ride—(213, 310, 323, or 818) 808-RIDE
<http://www.ladottransit.com>

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