

**Transportation Services**  
**Los Angeles Metropolitan Transportation Authority**  
 One Gateway Plaza  
 Los Angeles, CA 90012-2952  
 Phone Contacts:

- Bus & Rail Transit Information: 323.GO.METRO (323.466.3876)
- Wheelchair Lift Hotline 1.800.621.7828
- Hearing-Impaired/Speech Impairments: Use California Relay Service 711+ number you need
- Lost and Found 323.937.8920

Website—<http://www.metro.net>

**The City of Los Angeles Department of Transportation (LADOT)**  
 Dash/Commuter Express: call (213, 310, 323, or 818) 808-2273. CityRide: call (213, 310,323,or 818) 808-RIDE.  
<http://www.ladottransit.com>

**City of Santa Clarita Transit**  
 Local Bus, Commuter Express, Dial A Ride

- For customer service information call—661.294.1BUS (1287)

Website—<http://www.santaclaritatransit.com>

(continued)

**Antelope Valley Transit Authority**  
 Local Bus, Commuter Service, Dial A Ride Customer Service—

- Dial A Ride—661.945.9445, ext. 1
- Lost and Found—661.945.9445, ext. 202
- Commendations or Complaints—661.945.9445, ext. 203
- Title VI Complaints—661.945.9445, ext. 203

Website—<http://www.avta.com>

**Access Services, Inc.**  
 P.O. Box 5728  
 Los Angeles, CA 91734  
 \*If you ARE a certified Access Services rider, within Southern California, and would like to make a reservation:

- Phone: 1.800.883.1295
  - TDD: 1.800.826.7280
- \*If you ARE NOT a certified Access Services rider, contact Customer Service at:
- Phone: 1.800.827.0829
  - TDD: 1.800.827.1359
  - Email: [cserv@asila.org](mailto:cserv@asila.org)
- Website—<http://www.asila.org>

**Emergency Numbers**  
 911—Emergency Services Call Center  
 311—Non-Emergency Services & City Services Requests  
 LA County Sheriff Dept.—818.374.9500  
Antelope Valley:  
 Hi Desert Hospital 661.948.8584  
San Fernando Valley:  
 Northeast Valley Health Corp.  
 818.898.1388

**Domestic Violence Hotline**  
 1.800.978.3600  
**Elder Abuse Hotline**  
 1.877.477.3636  
**Substance Abuse Services**  
 1.800.564.6600

**Shelters and Transitional Programs**  
**Women's Care Cottage**  
 818.753.4580  
**Haven Hills, Inc.—Crisis Center**  
 818.887.6589  
**San Fernando Valley Rescue Mission**  
 818.785.4476  
**L.A. Family Housing**  
 818.982.4091

**Hospitals**  
 Mission Community Hospital  
 818.787.2222  
 Northridge Hospital Medical Center  
 818.885.8500  
 Sherman Oaks Hospital & Health  
 818.981.7111  
 Valley Presbyterian Hospital Patient Info.  
 818.782.6600  
 West Hills Hospital & Medical Center  
 818.676.4000  
 Hi Desert Hospital  
 661.948.8584

**Food Banks**  
 Lutheran Social Services—Van Nuys  
 818.901.9480  
 MEND (Meet Each Need with Dignity) - Pacoima 818.897.2443  
 Guadalupe Center—Canoga Park  
 818.340-2050  
 SOVA Program—Van Nuys  
 818.988.7682  
 Burbank Temporary Aid  
 818.846.2330

**RESOURCE INFORMATION**  
 Info Line—211

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# Community Resource Pocket Guide

Community Advisory Forum



Independent Living Center of Southern California

Serving Persons with Disabilities, Seniors, and Veterans Since 1976

818.785.6934  
 Email: [ilcsc@ilcsc.org](mailto:ilcsc@ilcsc.org)  
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**The ILCSC Community Advisory Forum (CAF)** is made up of individuals with disabilities, organizations, and other community resources who are seeking change in the community to enhance the lives of persons with disabilities, older adults, and veterans. The CAF discusses pertinent issues that are important in making these changes and gathers information that will help meet the needs of people with disabilities, older adults, and veterans. **Since 1976, the Independent Living Center of Southern California (ILCSC)**, a consumer-based, non-residential agency has provided a wide range of services to a growing population of people with disabilities, older adults, and veterans. The ILCSC is dedicated to providing the services which will offer the opportunity to seek an individual course towards independence—while educating the community. **We invite you to contact us if you need further information. 818.785.6934**

**Independent Living Center of Southern California Services**

*Darrell McDaniel Service Office*  
Emergency Services, housing resources, advocacy, assistive technology  
14354 Haynes Street Toll Free—  
Van Nuys, CA 91401 877.452.4227  
Voice—818.988.9525, TTY—818.988.3533

*Lancaster Service Office*  
Emergency Services, housing resources, advocacy, assistive technology  
1505 West Avenue J, #102  
Lancaster, CA 93534  
Voice—661.942.9726, TTY—661.723.2509

*Training House*  
Classes—Independent living skills, vocational training, horticulture, computer skills  
14151 Haynes Street  
Van Nuys, CA 91401  
Voice—818.908.1199, TTY—818.908.1244

*California Community Transitions (CCT) Project*  
Assisting Medi-Cal beneficiaries, residing in a health care facility, to successfully transition to a community living arrangement.  
Voice—818.785.6934, TTY—818.785.7097

Additional Independent Living Centers in Los Angeles County  
*Westside Center for Independent Living (WCIL)* - 310.390.3611—Los Angeles  
*Communities Actively Living Independent & Free (CALIF)* - 213.627.0477—L.A.  
*Disability Resources Center, Inc. (DRC)* 562.427.1000—Long Beach  
*Southern California Rehabilitation Services (SCRS)* 562.862.6531—Downey  
*Services Center for Independent Living (SCIL)* 909.621.6722—Claremont

Community Resources

*Community Advisory Committee Participants—*  
**Ability Advantage** (mobility devices sales & repair) 818.838.0010  
**Bernardi Multipurpose Senior Center** 818.781.1101  
**Center for Health Care Rights** 800.874.0780  
**Institute for Community Health & Wellbeing—CSUN** 818.677.7715  
**Continuity Care Home Nurses** 818.753.5106  
**EmpowerTech** 310.338.1597

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**San Fernando Valley Fair Housing Council** 818.373.1185  
**FamilySource**—Van Nuys: 818.786.4098  
Canoga Park: 818.887.3872  
**Assemblymember Mike Feuer** 310.285.5490  
**Liv-Ability** 800.936.6251  
**San Fernando Valley Mental Health Center** 818.901.4830  
**Neurocommunity Foundation** 818.885.8623  
**New Horizons** 818.894.9301  
**Partners in Care** 818.837.3775  
**Pro Care Hospice** 818.895.8000  
**Personal Assistance Services Council (PASC)** 877.565.4477  
**State Department of Rehabilitation** 818.901.5024 (voice) 818.901.5086 (TTY)  
**United Cerebral Palsy (UCP)** 818.782.2211  
**Verdugo Job Center** 818.409.0476  
**Volunteer Center of Los Angeles** 818.908.5066  
**L.A. County Supervisor Zev Yaroslavsky** 818.901.3831  
**Councilmember Dennis Zine** 818.756.8848

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**Additional Resources**  
Neighborhood Legal Svcs. Of L.A. County 800.433.6251  
Los Angeles Valley College Disabled Students Program and Services 818.947.2681  
Pierce College Office on Disability 818.347.0551  
Mission College Office on Disability 818.364.7600  
Disability Resources & Educational Services 818.677.2684  
New Economics for Women 213.483.2060, Ext. 205  
Community and Senior Service Center 818.901-3501  
North Los Angeles County Regional Center 818.778.1900  
Childcare Resource Center 818.717.1000  
Family Focus Resource & Empowerment Center—CSUN 818.667.5575  
Child Health and Disability Prevention Program (low-cost healthcare) 818.834.3380  
American Driver's Alliance (Nationwide Roadside Assistance for wheelchairs/scooters/vehicles) Mention the Independent Living Center of Southern California & receive 2 mos. free service! (800) 720-3132

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