



## Welcome...

The Independent Living Center of Southern California, Inc. (ILCSC) is a 501 (c)(3) providing a wide range of services to a growing population of persons with disabilities—including youth, older adults & veterans.

**Mission Statement**—The ILCSC is dedicated to providing essential services which will offer the opportunity to seek an individual path towards independence, while educating the community.

ILCSC was established in 1976, and serves a large geographic area: Los Angeles City & County, including Glendale, Burbank, the San Fernando Valley, Santa Clarita; and the Antelope Valley, including Lancaster, Palmdale; and a portion of Kern County.

**Website: [www.ilcsc.org](http://www.ilcsc.org)**

*Upon request, this brochure is available in alternative formats.*

## ILCSC Locations

### Administration Office

14141 Haynes Street  
Van Nuys, CA 91401

**Phone:** 818.785.6934

**Toll Free:** 800.524.5272

**TTY:** 818.785.7097

**Email:** [ilcsc@ilcsc.org](mailto:ilcsc@ilcsc.org)

### Van Nuys Service Office

14354 Haynes Street  
Van Nuys, CA 91401

**Phone:** 818.988.9525

**Toll Free:** 877.452.4227

**TTY:** 818.988.3533

### Lancaster Service Office

606 East Avenue K4  
Lancaster, CA 93535

**Phone:** 661.942.9726

**TTY:** 661.723.2509

### Training House

14151 Haynes Street  
Van Nuys, CA 91401

**Phone:** 818.908.1199 or

818.901.1011

**TTY:** 818.908.9574

## Your Path to INDEPENDENCE



**Independent Living Center  
of Southern California, Inc.**

**Serving Persons with Disabilities  
Since 1976**

# ILCSC SERVICES



**Advocacy**—Guidance in self-advocacy, benefits, landlord/tenant disputes & general/legal referrals.

**Peer Support**—Building skills & knowledge in family, social, financial & interagency services.

**Housing Assistance**—Information & resources on housing in the community.

**Personal Assistants**—Resources & building skills in the management of personal assistants, interpreters, & drivers.

**Emergency Services**—Assistance in obtaining benefits, referrals for food & shelter.

**Information and Referral**—Provides resources & assistance in utilizing community services.

**Assistive Technology (AT)**—Providing options for evaluations in high/low technology, leading toward independent living.

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## **Training House Program Immersion Services**

**Independent Living Skills Training**—Strengthening independent living. Includes classes on meal planning/preparation, money management, mobility/safety in the community/at home, self-care & social skills.

**Vocational Training**—Communication & social skills; vocational training, including job readiness, interviewing, & computer skills training.

**Job Placement & Job Coaching**—Utilizing an employer network in the community & pre-employment preparation.

**Horticulture**—Providing therapeutic classes as client organizes, plants and maintains a garden area.



**Community Living Transitions**  
Assistance in successfully transitioning to a community living arrangement. Contact us for more information on eligibility.

**Systems Advocacy**  
Efforts to educate the community on the Americans with Disabilities Act, & work with elected officials through a partnership with ILCSC clients & community advocates, to



## **Traumatic Brain Injury Services**

***Providing TBI services which promote social & community reintegration in both Los Angeles City & County, and a portion of Kern County.***

**TBI Services/Education**—Compensatory Skills/Money Management, Budgeting, Cooking/Meal Preparation, Healthy Eating Habits.

**TBI Peer Support Groups**—Gaining support, information, & resources from peers to promote independent living.

**TBI Supported Living Services**—Evaluating needs, circumstances, family support, & required services in the home.

**Information & Referral**—The TBI Coordinator can offer referrals to additional community resources, as needed.

**Contact the ILCSC TBI Coordinator:  
Van Nuys: 818.908.1199  
Lancaster: 661.942.9726**